

# Carbon Monoxide – The Silent Killer

You can't see it, taste it, or smell it, but Carbon Monoxide (CO) can kill.

## What is CO?

Carbon Monoxide is a poisonous gas that is produced when gas, oil, solid fuels and liquid petroleum gas (LPG) do not burn fully. It can occur when an appliance has been incorrectly fitted, badly repaired or poorly maintained.

## Spotting the signs



Lazy yellow or orange flames (rather than crisp and blue) on a gas appliance



Pilot lights frequently blowing out



Dark staining around/on appliances



Increased condensation on windows

Turn over to learn more

# What should I do if I suspect CO poisoning?

1. Call the National Gas Emergency Service on **0800 111 999**
2. Turn off appliances, open doors & windows and leave the property
3. See your doctor immediately or go to the hospital

## Recognising the symptoms

- ▀ Headaches
- ▀ Dizziness
- ▀ Nausea
- ▀ Breathlessness
- ▀ Collapse
- ▀ Loss of consciousness



## Smell Gas?

Call the National Gas Emergency Service on **0800 111 999**

 [northerngasnetworks.co.uk](http://northerngasnetworks.co.uk)

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# Stay safe...

## At home

- ▀ Install an audible CO alarm.
- ▀ Get your appliances serviced by a qualified engineer once a year.
  - ▀ **0800 408 5500** or visit Gas Safe Register [gassaferegister.co.uk](http://gassaferegister.co.uk) (gas appliances)
  - ▀ **01684 278170** or visit for Heating Equipment Testing & Approval Schemes (HETAS) [hetas.co.uk](http://hetas.co.uk) (solid fuel)
  - ▀ **01473 626 298** or visit Oil Firing Technical Association (OFTEC) [oftec.org](http://oftec.org) (oil appliances)

## On the water

- ▀ In large boats, such as houseboats, it is important to make sure that any gasoline-powered engines on boats are checked regularly

## Camping and barbecues

- ▀ Even when the flames have gone out smouldering coals can still kill. Never bring a barbecue or camping stove inside an enclosed area, such as a tent
- ▀ If you are heading on a boat trip or camping holiday, pack a CO alarm

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